



Acetic Acid 0.25% Soaks (vinegar-water)

Purpose:

To treat infected/ colonized ulcerations. It decreases bacteria level and odor and helps remove crust and debris. It should not cause stinging, but instead should soothe the skin.

Preparation:

To make 1 Quart: 3 tbsp white vinegar + 1 quart luke warm water

To make 1 Gallon: ¾ cup white vinegar + 1 gallon luke warm water

Directions for Use:

Soak the affected areas with luke warm solution for 10 minutes twice daily (or as directed)

(For hard to soak areas like the groin/ thigh creases, use multiple clean 3"x3" or 4"x4" pieces of gauze soaked in the solution, and place the wet saturated gauze all over the affected areas, for 10 minutes 2x daily)

Gently pat dry

Apply any creams or ointments as instructed by your dermatologist.

If you have any questions or concerns, please call: 215-390-1449