



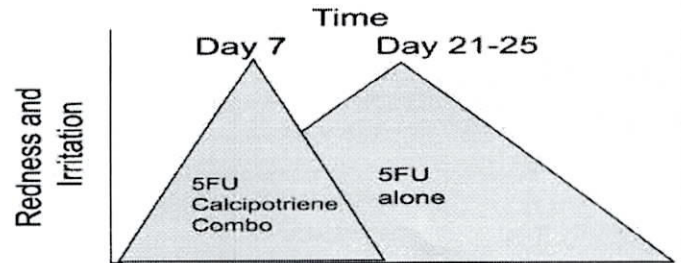
Efudex (5-Fluorouracil) Patient Information

You have been prescribed 5-Fluorouracil – a medication which acts as a chemotherapy to pre-cancerous and skin cancer cells. This medication is applied in thin layers twice daily for a set period. If used alone, the treatment length is 4 four weeks; if used with Calcipotriene, the treatment is 5-7 days.

In the process of destroying the sun-damaged skin cells, the treated areas will become red. This reaction does not start immediately. You will see that this reaction doesn't usually start to become noticeable for about 3 days to a week, depending on which formulation you are using (see graph). Then, after the medication is discontinued, it takes about one to two weeks for the redness and inflammation to resolve. Therefore, use this medication at a time of the year in which your social and business activities will be less affected.

Considerations:

1. Do not expose the treatment site to prolonged sunlight
2. Do not cover the treatment site with a bandage while the medication is on your skin. If you must cover the area with a bandage for any reason, then simply make sure that the area is thoroughly cleansed and free of medication before applying the bandage. Allowing medication to sit under a bandage causes a strong reaction and should be avoided. Likewise, if you need to skip an application for any reason, then don't worry. It should not affect your outcome.
3. The goal with these applications is to use the product for the full treatment period. The redness and irritation you will see is expected. However, if at any time you feel that the reaction is too strong or uncomfortable, discontinue the medication and contact our office.
4. After using the medication for the prescribed treatment duration, it is recommended to use an ointment such as Aquaphor or Hydrocortisone 1%. Both products are available over the counter.
5. A light coat of makeup may be worn over the affected areas during the daytime if you are applying medication at night.
6. While using the medication, use a sunblock with an SPF of 30 or a moisturizer with an SPF of 30.



You have been prescribed:

- Efudex or Carac (5-Fluorouracil)
- Calcipotriene (mix Efudex and calcipotriene 50/50 and apply in thin layers)

To treat:

- scalp forehead temples cheeks ears forearms hands chest neck
- around the mouth legs other _____

Apply:

- every morning every evening twice a day (morning and evening)

For (Duration):

- _____ days _____ weeks

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